

CMSV Summer Camp Menu

Monday	AGN	Tuesday	AGN	Wednesday	AGN	Thursday	AGN	Friday	AGN
Week 1									
Grilled Chicken	S, G	Chicken Parmesan	D, G	Turkey Tacos	G, S	Cheeseburger	D, G	Cheese Pizza	D, G
French Fries		Pasta/Breadstick		Rice and Refried Beans	S	Fries			
Steamed Broccoli		Mixed Vegetable		Corn		Carrots Stick		Celery Sticks with Ranch	
2% Milk & Chocolate Milk, & Fountain Beverages to be served									
Salad Bar, Daily Fruit Cup, 4oz. Yogurt Cup and Deli Sandiwch Avaiable every day at lunch time									
Week 2									
Chicken Teriyaki	S, G	Cheese Quesadilla	G, D	Spaghetti and Meatballs	E, G	Grilled Cheese	D, G	Cheese Pizza	D, G
Jazmine Rice		Rice and Beans	G	Mixed Vegetables		Homemade Potato Chips			
Carrots		Steamed Zucchini		Breadstick	D, G	String Beans		Celery Sticks with Ranch	
		Sour Cream and Pico							
2% Milk & Chocolate Milk, & Fountain Beverages to be served									
Salad Bar, Daily Fruit Cup, 4oz. Yogurt Cup and Deli Sandiwch Avaiable every day at lunch time									
Week 3									
Chicken and Waffles	E, D, G	Cheeseburger	D, G	Chicken with Broccoli	G, D	Chicken Fingers	G	Cheese Pizza	D, G
Toppings		Fries		Jazmine Rice		Oven roasted potatoes			
Syrup/BBQ Sauce	D, G	Carrots Stick		Egg Roll		Vegetable medley		Celery Sticks with Ranch	
2% Milk & Chocolate Milk, & Fountain Beverages to be served									
Salad Bar, Daily Fruit Cup, 4oz. Yogurt Cup and Deli Sandiwch Avaiable every day at lunch time									
Week 4									
Grilled BBQ Chicken	S, G	Chicken Parmesan	D, G	Turkey Tacos	G, S	Cheeseburger	D, G	Cheese Pizza	D, G
French Fries		Pasta/Breadstick		Rice and Refried Beans		Fries			
Steamed Broccoli		Mixed Vegetable		Corn		Carrots Stick		Celery Sticks with Ranch	
2% Milk & Chocolate Milk, & Fountain Beverages to be served									
Salad Bar, Daily Fruit Cup, 4oz. Yogurt Cup and Deli Sandiwch Avaiable every day at lunch time									

Every Day we will offer Plain Bagel, Butter, Cream Cheese, Yogurt, Salad bar and Deli Bar

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Week 5									
Chicken Teriyaki	S,G	Cheese Quesadilla	G,D	Spaghetti and Meatballs	E,G	Grilled Cheese	D,G	Cheese Pizza	D,G
Jazmine Rice		Rice and Beans		Mixed Vegetables		Homemade Potato Chips			
Carrots		Steamed Zucchini		Breadstick	D,G	String Beans		Celery Sticks with Ranch Salad	
		Sour Cream and Pico							
2% Milk & Chocolate Milk, & Fountain Beverages to be served									
Salad Bar, Daily Fruit Cup, 4oz. Yogurt Cup and Deli Sandiwch Avaiable every day at lunch time									
Week 6									
Chicken and Waffles	E,D,G	Cheeseburger	D, G	Chicken with Broccoli	G,D	Chicken Fingers	G	Cheese Pizza	D,G
Toppings		Fries		Jazmine Rice		Oven roasted potatoes			
Syrup/BBQ Sauce	D,G	Carrots Stick		Egg Roll		Vegetable medley		Celery Sticks with Ranch	
2% Milk & Chocolate Milk, & Fountain Beverages to be served									
Salad Bar, Daily Fruit Cup, 4oz. Yogurt Cup and Deli Sandiwch Avaiable every day at lunch time									
Week 7									
Grilled Chicken	S, G	Chicken Parmesan	D,G	Turkey Tacos	G,S	Cheeseburger	D,G	Cheese Pizza	D,G
French Fries		Pasta/Breadstick		Rice and Refried Beans	S	Fries		Steamed Broccoli	
Steamed Broccoli		Mixed Vegetable		Corn		Carrots Stick		Carrots Stick	
2% Milk & Chocolate Milk, & Fountain Beverages to be served									
Salad Bar, Daily Fruit Cup, 4oz. Yogurt Cup and Deli Sandiwch Avaiable every day at lunch time									

Allergen (AGN) Menu Key

- E= Eggs
- D= Dairy
- G= Gluten
- F= Fish or Seafood
- S= Soy

Every Day we will offer Plain Bagel, Butter, Cream Cheese, Yogurt, Salad bar and Deli Bar